

## Suggested Warm-up Sequences

### A. @ 20 Minutes or less

- 1) Buzzing I, II, or IIIb or any combination of these as time permits
- 15) Note Bending I, II (add harmonics as time permits)
- 6) Clarke Studies 2nd, 3rd, or 4th study (a few keys as time permits)

### B. @ 25-30 Minutes

- 1) Buzzing II (C-G) - Lips, Mouthpiece
- 2) Long Tones
- 3) Low-Mid Range Intervals I (1-4), II
- 4) Articulation
- 5) Lip Slurs I, II, III (C-G)

### C. @ 40-45 Minutes

- 1) Buzzing II (C-G) - Lips, Mouthpiece
- 2) Long Tones
- 3) Low-Mid Range Intervals I (1-4), II
- 4) Articulation
- 5) Lip Slurs I, IIa, IIIb (C-G)
- \*6) Clarke 2nd Study (low G- low C)  
Clarke 3rd Study (low G- low C)  
Clarke 4th Study (low G- low C)

\*Vary keys so all are covered on a regular basis

### D. @ 60 Minutes

- 1) Buzzing II (C-G) - Lips, Mouthpiece, IIIb (C-G) - Mouthpiece
- 2) Long Tones
- 3) Low-Mid Range Intervals I (1-4), II
- 4) Articulation
- 5) Lip Slurs I, IIb, IIIb (C-G)
- \*6) Clarke 2nd Study (low G- low C)  
Clarke 3rd Study (low G- low C)  
Clarke 4th Study (low G- low C)
- \*7) Scales (Major/minor, low G-low C)
- \*8) Arpeggios I (Major/minor, starting on low C down to low F#)
- \*9) Chromatics I (Major/minor, low G-low C)  
Chromatics II (Major/minor, low G-low C)
- \*10) Broken Thirds (starting on low C down to low G)
- 11) Octaves I
- 12) Low Articulation (5's and 7's)
- 13) Descending Half-steps Ia-Id
- 14) Timing Drills II (add additional exercises as time permits)
- 15) Note Bending I, II (add harmonics as time permits)

\*Vary keys so all are covered on a regular basis